



# DR. LAURA BONNEMORT

## Compass Psychological Services

*“Psychological healing, like physical healing, is foundational to overall wellbeing.”*

Dr. Laura is a licensed clinical psychologist who owns Compass Psychological Services, based in Tampa. She offers telehealth & in-person therapy for individuals & couples and specializes in treating professional adults to address concerns such as anxiety, depression, trauma, and relationship conflict. In addition to working with her amazing clients, Dr. Laura hosts the Mind Candy Podcast, which focuses on elevating the complex and dynamic issues facing women. Dr. Laura has taught as an adjunct professor in the clinical psychology doctoral program at Florida School of Professional Psychology at National Louis University-Tampa, teaching couples and family therapy assessment and other foundational courses such as ethics. In her free time, Dr. Laura enjoys spending time with her family and friends, reading, writing, pilates, and traveling.